



## CNN NEWSLETTER MARCH 2021

Newsletter is always on our website: [mycnn.org](http://mycnn.org)  
Editor Ann Soares, [annmail7@comcast.net](mailto:annmail7@comcast.net)



### **PRESIDENT'S MESSAGE**

**By Sandy Panattoni for Susan Baas**

Susan was able to come home last Tuesday, 2/23. Hooray!! She is doing much much better, and as of 3/2, has finished her IV antibiotics. Susan is very glad to be home and is definitely looking forward to the time when we can all start getting together again.

### **VICE PRESIDENT...MaryAnn Evans**

As I wait for my next needlepoint canvas, I am enjoying the many beautiful sunsets we have from our back door, as you can see from this photo below. I hope you all have taken advantage of the Covid vaccine. Because, according to Dr. Oz, those of us who have been vaccinated can gather together in small groups without the need for a mask. Wine anyone? Hope to be able to see you soon. MaryAnn



**LUNCHEON RESERVATIONS *NEW*...Sharon Quintana** Greetings ladies; boy, do I miss you all. I've had a few inquiries about having a luncheon when we are all vaccinated. Rest assured that I am monitoring the situation. As of right now, we are still in the purple tier, which means no gathering in groups, even if we are vaccinated. I really believe that we will be able to get together this summer. Keep your spirits up, we are getting closer.

## **MEMBERSHIP... by Sue Stark and Nancy Hill**

We now have 55 paid members.

We have a **phone number change** for **Ann Soares**. Remember to change your CNN Directory information:

**DELETE: 772-2509                      ADD: 209/256-1157**

Someday we will be able to have luncheons again. Remember, if you bring a guest to a luncheon and they would like to join, I always have applications available for them to sign up the day of the luncheon or mail the application to either Sue or Nancy. Prospective members may attend 2 luncheons as a guest before joining CNN. If you move, change your phone or email, please let Nancy or Sue know by emailing Nancy (tatlnd@aol.com), or Sue (johnstark2445@comcast.net), or call them (Nancy 890-0323, Sue 772-8593) so we can update your information on the CNN Spreadsheet and let the membership know.

## **SUNSHINE...Carolyn Edwards**



Phyllis Pisano is recovering from a bacterial infection and has been at Avalon in San Andreas. She is supposed to be coming home today (Monday.)  
Bev Rushing is recovering from a bout with pneumonia, and was home on Monday. Our President Susan Bass is finally home and continuing recovery from her back surgery and infection. Get Well cards have been sent and we send our thoughts of healing and fast recovery to all of them. It is a beautiful spring out there and they need to enjoy the healing qualities of nature.

If you know of a member or someone in a member's immediate family who are ill or bereaved, or if there is a death in the family, please let me know so I can send a card, Carolyn Edwards: 772-2462 or [bcedwards@comcast.net](mailto:bcedwards@comcast.net).



## **MARCH BIRTHDAYS**

**Jan Foster-7<sup>th</sup>**

**Susan Baas-11<sup>th</sup>**

**Mary Hyodo-13<sup>th</sup>**

**Marlene Watkins-  17<sup>th</sup>**

**Leilani Sickler-21<sup>st</sup>**

**Sandy Panattoni-21<sup>st</sup>**

**Mary Mercurio Hemphill-22<sup>nd</sup>**

**Judy Huckaby-29<sup>th</sup>**

## cnnslit



I need to give a report on the backpacks donated to the Foster Program in Calaveras County. Recently I took 23 duffel bags, back packs, etc. down to their office.

Most of them were donated by Betty Dergan. She told me she had collected the majority from Cindy's house after she passed. So you see Cindy is still helping our group out while we all keep her in our hearts.

**Attn:** awhile back a CNN member from Valley Springs called me and said she had some backpacks to donate. I told her I would get in touch with her and pick them up when I'm in Valley Springs. Now I can't remember who it was, sorry, if you will call me again I will definitely remember to pick them up. Nadine Martin, 559-7755.

### Member Businesses

Member **Sandy Huckaby:** *Huckaby Litigation Services* - Process Service. Cell: 209/351-4956.

Member **Laurel Jolliff:** *Life Matters Insurance & Financial Services*, Life and Health Insurance, Lic # 0G06380 Call Laurel at 209/786-2021 or [www.mylifemattersnow.com](http://www.mylifemattersnow.com)

Member **Adela Hawkins:** *A+ Notary - Mobile Notary*. Call cell 209-968-8674 or home 772-0580.

Member **Sherry McWatters** is a Stylist for Ruby Ribbon Shapewear, Active Wear and Bathing suits, sizes 32 to 50. I do personal fittings at my home in Valley Springs. My website is [www.rubyribbon.com/sherrymcwatters](http://www.rubyribbon.com/sherrymcwatters) and my mobile number is (304)389-0112. Also my email is [slmroadwarrior@gmail.com](mailto:slmroadwarrior@gmail.com)

## SPECIAL INTEREST GROUPS

### TIME FOR TEA ... Sharon Quintana 772-0783



I am canceling our teas until further notice. Keep joining me for tea at 1:00 each day, if you can. I will be toasting to your good health. Sharon

*"I expect I shall feel better after tea."* P. G. Wodehouse, Carry on, Jeeves

### WHAT'S COOKING? ...Susan Baas (786-9898)



The What's Cooking? group has nothing in the oven or on the stove. Susan

### CANASTA...MaryAnn Evans 772-8630



No betting allowed during stay-at-home order, just collect your quarters. Cancelled until further notice.

### MEXICAN TRAIN... Marlene Buecher 209/224-4203



Here's hoping we can again get together this year, but we will play it safe till we can. May 2021 see the end of Covid and the beginning of a new social life as we move forward. Marlene

## GALS ON THE GO...Cathie Erickson 772-2835

Gals on the Go has no events planned in the near future.



## PINOCHLE... Elaine Alves...772-3490



2<sup>nd</sup> Thursday Pinochle: There will not be any Pinochle played until after this ban is lifted for us old folks, LOL ~Elaine

4<sup>th</sup> Monday Pinochle: will be put on hold until further notice. Sandy

## SOCIAL...Judy Bruenn 772-3555



Until further notice, all future Socials are cancelled. I am sure missing these fun evenings together, and I'm sure you are too. Hopefully, it won't be long before we can resume normal times.

## RECIPES AND MORE...MaryAnn Evans 772-8630



Ladies, we want to hear from you regarding favorite recipes, cooking tips, and/or just to share kitchen experiences. **Please send your info to me (MaryAnn)** any time before each month's Luncheon. **[EDITOR'S NOTE: be sure you send your recipe typed, NOT a copy of a page from a magazine, cookbook or newspaper.]**

### This month's recipe is from Sandy Panattoni:

#### Low-Carb Easy Cheesy Zucchini Bake

2 medium Zucchini, cut in slices or half-moon slices  
2 medium Yellow Squash, cut in slices or half-moon slices  
4 Tbsp. chopped Fresh Basil (more or less depending on how much you like basil)  
2 Tbsp. Green Onion, thinly sliced  
½ tsp dried Thyme  
¾ tsp Garlic Powder  
1 Cup grated Mozzarella, divided  
½ Cup coarsely grated Parmesan  
Salt & Pepper to taste

\*Preheat oven to 350 degrees. Spray baking dish with non-stick spray. \*they say an 8x8 dish, but I use larger so the squash spreads out a bit.

\*Wash and slice squash, onions and basil.

\*Combine squash, onions, basil, thyme, garlic powder, ½ cup Mozzarella and Parmesan, salt & pepper.

\*Put in baking dish and cook for 25-30 minutes until squash is almost done.

\*When it is almost done to your liking, remove from oven and sprinkle remaining Mozzarella over the top, and a little more Parmesan if you like.

\*Return to oven for 10-15 minutes until cheese is melted and squash is cooked. \*Enjoy!

**\*Notes:** I use dried basil and granulated garlic. I also use more green onions because I love them. I have made this dish so often – it's delicious. You can cover and refrigerate the leftover portion for 2-3 days (if it lasts that long).

## READERS CORNER... MaryAnn Evans 772-8630



If you are a reader and would like to share your views on a book or an author, please send those to me, MaryAnn Evans, any time before each month's Luncheon. This month's submittal is from MaryAnn Evan:

"The Mystery of Mrs. Christie" by Marie Benedict.

This is a true story beginning with Agatha's life in 1912 and leads up to her disappearance for 11 days in 1926. A good read, especially from a woman's standpoint, in the ending chapter, where you find out where she was for those missing days. MaryAnn

Mary Mercurio Hemphill recommends "The Choice", by Alex Lake

### Local Information for Golfers

This is NOT a CNN group, but if you are a golfer new to the area and are interested in joining a 9 or 18 hole ladies golf group at La Contenta Golf course, call member Sharon Moyles (18 hole), 772-7147 or for the 9 Hole group, call member Laurie Hemmes, cell: 510/205-3743. Sharon and Laurie are CNN members/golfers who can give you information/contacts on joining these groups.



See following **March 2021 Covid Winter Special Section**

## MARCH 2021 Covid Winter/Spring Special Section



AND LIFE GOES ON...

**Leilani Sickler:** Here is my Grandson Hogan Hawkeye Sickler, four months old on Wednesday.



**Linda Trapp:** We are well - enjoying the nearby family, friendly neighbors, ocean fun, and opportunities for involvement. Getting a private tour of the Morro Bay Art Gallery Wednesday with its director; will probably get involved there. Love our new church despite the zoom limitations. Making friends, doing some small remodels on the house, and sipping a bit of wine now and then at local tastings.

I thought I would pass on this following story from the newspaper- many CNN members have visited the Field of Lights in the past, and may want to see the new installation. We are about an hour from there, and would love a chance to maybe have dinner or a glass of wine with old friends! Love to all –Linda

### **Field of Light in Paso Robles unveils a new attraction — and a date for reopening**

The Field of Light display at Sensorio in Paso Robles uses nearly 60,000 fiber-optic stemmed spheres to transform 15 acres of rolling hills into a patchwork of changing colors. The art installation opened on May 19, 2019, off Highway 46 East.

The Field of Light at Sensorio installation will reopen in Paso Robles next month — complete with a new “Light Towers” installation that pays tribute to the North County’s wine country.

Sensorio will open again on April 15 [after closing in December](#) due to statewide COVID-19 restrictions. The Field of Light attraction off Highway 46 East — made up of 58,000 solar-powered, fiber-optic lights spread over a 15-acre field — has drawn about 200,000 visitors since it opened in May 2019, according to a Sensorio news release.



“People say nothing is impossible, but I do nothing every day.”

*Very helpful hint from Darlene:*

**Darlene Gassmann:** I’m finding working jigsaw puzzles, often several hours in a day, helps to bridge the hours of isolation for me.

**Sandy Panattoni:** Well, I think my winter sport of crocheting has come to an end with spring on the horizon (hooray). This is my latest project. My hooks and spare yarn are now in the closet and I am setting my sights on yard work - once it really does warm up a bit. I hope everyone is staying healthy, and I TRULY am looking forward to the day when we can resume some of our wonderful activities. Stay safe and well!



**Bev Rushing:** These are pictures taken by daughter Sandi from our backyard. The daffodils on the hill behind us were planted back there by Tom few years ago.

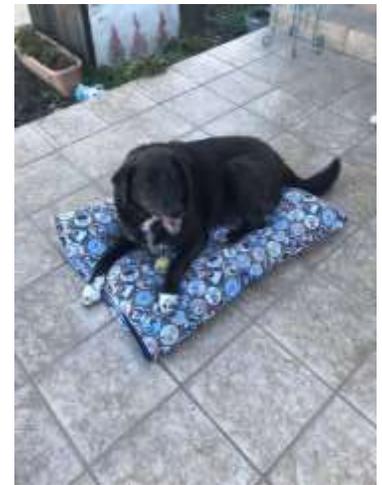


**Pati Hendershot:** We were at the:  
***Olive Crush Farms, 8 C California Street  
Valley Springs***



Looking at the 3 ladies left to right is: Judy Bruenn, Pati Hendershot and Lynette Martinez. The other picture is the 6 of us holding up our glasses (the other 3 weren't CNN members). The tray of food was delicious. We did the wine and beer tasting. You need to order the trays the day before. **Check out their Facebook page. "Supporting our local business."**

**Mary Anne Melson:** I made beds for our dogs Molly and Missy Melson:



**Gemma Gylling:** I was finally able to finish an Afghan I've been working on for myself, for quite some time, but it kept being put to the side as other projects would come up:



Also, I got some great news... my nephew and his wife are expecting a little boy so I decided to make another baby Afghan for their precious little baby boy. The baby's expected date is August 8th. My nephew and his wife, often times, go to his dad's (my brother) second home in Tahoe, so I thought a little bear applique would be just right.



**Laurie Hemmes, Margi Silva, Kathie Crivello, Sue Macias, Edy Sadowski and Veronica Elizondo** celebrated getting our second Corona virus vaccination having wine and appetizers.



**Laurie Hemmes:** For my birthday in January my son gave me sourdough starter along with a few other things to make bread. I had never made bread from scratch. Well I love it, it is fun and very very good. In addition to sourdough bread I have made waffles, ciabatta bread, banana bread and English muffins. I passed on some of my starter to a few golfers and they are also having fun.



**Dianne Kennady:** I wanted to share a few words to you all about my most exciting happening to me during the month of February. I received an invitation from Kaiser to get my Covid Vaccine. Wow, finally I made the list. I was scheduled a very early appointment, not the best time for me; hate early morning appointments. Anyway, I drove to Kaiser, arrived on time, and got to stand in a long line. Actually, due to social distancing, the line was rather deceiving, and my wait time wasn't nearly as long as I had originally perceived it to be. Once the line began to move, I was in the injection room rather quickly. I did my paperwork, was given instructions, and was advised, after receiving my shot, I would need to wait 30 minutes instead of the normal 15 due to several anaphylaxis episodes I had experienced years earlier. I received my shot with nothing traumatic to note at this point. However, after settling myself on a chair in the 30 minute area with nothing else to do but "people watch", which I do enjoy doing, I realized, I must have gone to the wrong area for my shot! As I looked around, I couldn't help but see that everyone there had white or grey hair and/or was balding. And, the vast majority of these great people all had care givers, wheelchairs, or walkers with them! Certainly, I thought quietly to myself, I am where I don't belong! Now, please do not misunderstand me, I have the greatest respect for seniors; they are generally happy, sweet, and wonderfully entertaining, everything I always wanted to be when I "became older". I am still contemplating this turn of events, and all of a sudden it hit me!! I am definitely where I belong without the accessories, i.e.: wheelchairs, etc. These are MY people, MY tier, MY life, and most importantly, ME. I seem to have graduated to a new level within a blink of an eye. Well, I tell you, I am going to enjoy my new world, and embrace everything being a senior has to offer. But, I'm probably going to continue to dye my hair, wear jeans without the elastic waistband, buy clothes in the junior department, and purchase expensive face creams that do nothing for you. Whatever!??? You can't expect a "girl" (oops), mature woman to completely reverse herself overnight can you?

On a serious note, I hope all our CNN members and their families have remained healthy during this horrible pandemic we are all enduring. Hopefully, this COVID vaccine will protect us all, and this will become nothing more than an unpleasant memory. Take care CNN members, hoping to see you soon. Dianne

**Sharon Quintana:** Hello from the Quintanas: Spring is here, check out our daffodils. Wanted to share something that I heard the other day. Once we have all been vaccinated in the US, there will be a new mask mandate. We will all be required to wear our masks backwards for a few months to move our ears back to their normal position. Hang in there, we are on the downside.



**Betty Smith:** Our daughter is home and hopefully, since her stem cell treatment with U.C.Davis, has had her last chemotherapy. She is completely vulnerable to all illnesses as her immune system was wiped out. She should be able to get those immunizations in about three months.

**Here is her post on Facebook:** "I am home, yay! I'm feeling pretty good. Now I just have to keep myself safe from viruses, bacteria, spores and more. (I have meds for those) This is why I can't have flowers or plants. I also can't sleep with the dogs- waah. But I can still pet them and wash up afterwards. It's great to be home and I'm very thankful for all of you."

We are just so proud of her for the way she's handled this issue since Sept. 2019. The thing she hates the most is she is now bald!! But, she was also bald last year from the chemo and her hair grew back wavy!!

Meanwhile, Galan and I are trying to walk about 1 1/2 to 2 1/2 miles a day and I'm on the waiting list for a new hip. I'd post a picture of Sharon (bald), but she'd kill me!



## Fender Skirts and Supper

Audrey Poulos: Thought you would get a kick out of this!



A term I haven't heard in a long time, and thinking about 'fender skirts' started me thinking about other words that quietly disappear from our language with hardly a notice like **'curb feelers'**

And 'steering **knobs**'



Since I'd been thinking of cars, my mind naturally went that direction first. Any kids will probably have to find some older person over 50 to explain some of these terms to you.

Remember **'Continental kits'**?

They were rear bumper extenders and spare tire covers that were supposed to make any car as cool as a Lincoln Continental.



When did we quit calling them **'emergency brakes'**?

At some point, 'parking brake' became the proper term. But I miss the hint of drama that went with 'emergency brake.'



Con't next page...

Con't from previous page...

Didn't you ever wait at the street for your daddy to come home, so you could ride the **'running board'** up to the house?



**'wall-to-wall'** was once a magical term in our homes. In the '50s, everyone covered his or her hardwood floors with, wow, wall-to-wall carpeting! Today, everyone replaces their wall-to-wall carpeting with hardwood floors. Go figure.



Here's a word I miss - **'percolator.'** That was just a fun word to say. And what was it replaced with? 'Coffee maker.' How dull...

Mr. Coffee, I blame you for this.



Some words aren't gone but are definitely on the endangered list. The one that grieves me most is 'supper.' Now everybody says 'dinner.' Save a great word.

Invite someone to supper. Discuss fender skirts.

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That's all folks! I am overwhelmed with the amount of content, including, as you see, tons of pictures that I received for this issue, especially after my begging Reminder! 😊 Words can't express my appreciation for the Contributors. I know we are all frantically keeping hope up that soon our Newsletter will be filled with all of our activities!

Take Care, Ann